

# EATING DISORDERS PREVENTION ACT OF 2020

## The Facts on Eating Disorders

Americans affected by an eating disorder in their lifetime <sup>2</sup>



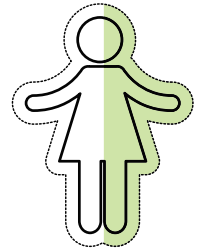
- Have the second highest mortality rate of any psychiatric illness, surpassed only by opioid use disorder <sup>1</sup>
- Affect people of all genders, races, ages, and body sizes <sup>2</sup>
- Eating disorders are associated with:
  - Cardiac disability
  - Hepatitis
  - Cognitive Dysfunction
  - Kidney Failure
  - Esophageal Cancer
  - Osteoporosis
  - Infertility
  - High cholesterol
  - Type II Diabetes
  - Death

## Youth & Eating Disorders



Youth in higher weight bodies are at-risk for an eating disorder <sup>3</sup>

80% of those who have an eating disorder are in an average or higher weight body <sup>2</sup>



1 Million

Adolescents every month engage in weight control behaviors <sup>4</sup>

## Solution: Eating Disorders Prevention in Schools Act

- Require “eating disorders prevention” inclusion within Local School Wellness Policies
- Encourage screening for eating disorders
- Include mental health experts within the development, training, and technical assistance to schools when revising their Local School Wellness Policies through the Substance Abuse and Mental Health Services Administration (SAMHSA).

If you would like more information or to be an original sponsor of the legislation, please contact Katherine Stewart with Representative Alma Adams (D-NC-12) at [Katherine.Stewart@mail.house.gov](mailto:Katherine.Stewart@mail.house.gov).

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