Presented by

# NEDA CAMPUS WARRIORS

#### **Interest Packet**

Everything you need to know about becoming a NEDA Campus Warrior!







#### THANK YOU TO OUR SPONSORS



#### Welcome!

Dear Supporter,

The National Eating Disorders Association (NEDA) is excited to announce our new initiative—NEDA Campus Warriors (Campus Warriors)! This program is designed for individual students, faculty members, organizations, and teams who are passionate about spreading NEDA's mission on their college campus.

By joining this program, you have the unique opportunity to work directly with NEDA to raise critical awareness and funds for eating disorders. The funds raised by Campus Warriors will support vital educational programs and resources. As a thank-you for your service, Campus Warriors receive access to exclusive benefits, including social and networking opportunities, special recognition at NEDA events, educational presentations, and more!

To officially bring NEDA Campus Warriors to your school, please review our interest packet and follow the steps to submit your registration. Once your registration is received, you can use this packet to raise awareness and funds on your campus. NEDA will provide you with event ideas and additional fundraising tools!

If you have any questions about the program, or if you need help along your journey with Campus Warriors, you can contact our team at CampusWarriors@nationaleatingdisorders.org.

Thank you for making a difference in the fight against eating disorders. We can't wait to see how you bring NEDA to your campus.

With gratitude, NEDA



### **The First Step**

The first step to join the NEDA Campus Warriors program is to register.

#### Why do I need to register?

Your registration will help us get to know you, and it's an opportunity for you to share why you want to become a Campus Warrior. We want this to be a personal experience!

Additionally, we want to assist you in understanding the needs on your campus.

#### How does the process work?

You can expect to hear from a NEDA staff member in one to three days of submitting your registration.

Please check the <u>NEDA Campus</u> <u>Warriors website</u> for any updates on the program.



#### **SUBMIT MY REGISTRATION**

Already registered? Check out next steps on the following page!

### Requirements

## How do I maximize the benefits of the NEDA Campus Warriors program?

To qualify to be a NEDA Campus Warrior, you must fulfill two requirements over the school year (one per semester). In this section, we've laid out some ideas of what you can do on campus! Keep in mind that at least one of your activities should be a fundraiser.

### Fundraising Activities

- Form a team for a NEDA Walk or start a Walk on your campus.
- Form a team for the NEDA Warrior Experience (Warrior Experience).
- Host a fundraising event during #NEDAwareness Week.
- Start a Facebook fundraiser to celebrate a birthday, milestone, or anniversary.

### Awareness Activities

- Host a panel watch-party during NEDACon, Weight Stigma Awareness Week or #NEDAwareness Week.
- Work with your school newspaper or radio station to share information about eating disorders and the NEDA Campus Warriors program.
- Talk to your campus health center, counseling, and/or wellness center about resources.
- Set up a table on campus to hand out NEDA resources.

#### Have your own ideas? Let us know!



### **Benefits**

Once you register for NEDA Campus Warriors, you will receive access to the immediate benefits listed below! You then have the opportunity to qualify for the benefits outlined below when you complete your engagement requirements.

Access to mini challenges and cool prizes

ED 101 presentation by NEDA staff or trained volunteers

Campus Warrior feature on the NEDA website

Access to the Warrior Experience exclusive party

Special recognition during the Warrior Experience program

Certificate of Achievement

Networking and social opportunities

#### This is also a great resume booster!



### **#NEDACampusWarrior**

Share what makes you a **#NEDACampusWarrior** on social media and tag @neda!







