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When I first started struggling with anorexia as an 11-year-old, I didn't know that it was something other people, especially men, dealt with. I felt isolated -- that's why I believe in speaking out about eating disorders.

– JASON DENG

**LET'S
GET
REAL**

#NEDAwareness

30 million Americans will struggle with a full-blown eating disorder and millions more will battle food and body image issues that have untold negative impacts on their lives.

No one has to struggle alone. Learn More, Get Screened, & Find Help: nationaleatingdisorders.org