

#NEDAwareness

“ I hope that in the future, those struggling with eating disorders will feel confident and supported enough to reach out for help, regardless of their weight.

—DANIELLE GALVIN

LET'S
GET
REAL

30 million Americans will struggle with a full-blown eating disorder and millions more will battle food and body image issues that have untold negative impacts on their lives.

No one has to struggle alone. Learn More, Get Screened, & Find Help: nationaleatingdisorders.org