

# NATIONAL EATING DISORDERS AWARENESS WEEK

February 26–March 4

# LET'S GET REAL

#NEDAwareness

30 million Americans will struggle with a full-blown eating disorder and millions more will battle food and body image issues that have untold negative impacts on their lives.

No one has to struggle alone. Learn More, Get Screened, & Find Help: [nationaleatingdisorders.org](http://nationaleatingdisorders.org)



National Eating Disorders Association



The Center for Eating Disorders  
AT SHEPPARD PRATT