

NEDACON

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Providers Panel



Moderator: Chelsea Kronengold, MA

Chelsea Kronengold, MA, is an eating disorders and body liberation activist and nonprofit professional. Chelsea graduated summa cum laude from the University of Florida, subsequently receiving a masters degree in clinical psychology from Columbia University. Presently, Chelsea is the Communications Manager at the National Eating Disorders Association (NEDA) and serves as a master trainer for the Body Project; an evidence-based body confidence and eating disorders prevention program for women and girls. Chelsea frequently speaks on behalf of NEDA about her personal and professional experience with body image, eating disorders, media literacy, and weight stigma; she has appeared in national media platforms including The New York Times, Teen Vogue, WebMD and SiriusXM Doctor Radio.



Laura Jones, LPC

Laura Jones, LPC practices in Northern Virginia and the District of Columbia. She specializes in working with individuals who struggle with eating disorders, LGBTQ+ clients, and other individuals from marginalized groups. She has worked at all levels of care within the eating disorder world and one thing seems to be pretty consistent - we need to do a better job supporting our clients from marginalized communities AND representing them at the staff level. She believes that there is a component of therapy that is about social justice. ALL bodies are accepted in her practice. And it is imperative to acknowledge that not all bodies are treated the same by society.

When not working with clients, Laura is either in the garden or in the garden with my dog, Hermione! HP 4 lyfe.



Dr. Elizabeth Wassenaar

Dr. Elizabeth Wassenaar is the Regional Medical Director of the Mountain Region at Eating Recovery Center and Pathlight Behavioral Health and works with patients in eating disorder programming and mood and anxiety programming in Denver, Colorado. Dr. Wassenaar is board-certified in adult and child and adolescent psychiatry, obesity medicine, and is a certified eating disorder specialist (CEDs). She completed residency in pediatric medicine and adult and child and adolescent psychiatry at Cincinnati Children's Hospital and University of Cincinnati in the Triple Board Training Program in Ohio. She obtained additional psychotherapy training in psychoanalytic and psychodynamic therapy from the Cincinnati Psychoanalytic Institute and in family-based therapy for eating disorders from University of California San Diego Eating Disorders Treatment and Research Center. She is a member of The American Psychiatric Association, The American Association of Child and Adolescent Psychiatrists, The International Association of Eating Disorder Professionals, and The Obesity Society. Dr. Wassenaar has published and presented on a variety of topics related to eating disorders, mood and anxiety disorders, and mental health and wellness.