

Caregivers Panel



Moderator: Beth Ayn Stansfield, M.Ed.

Beth Ayn Stansfield, M.Ed. spent 35+ years in the field of education as an educator, a counselor, a behavioral specialist and an administrator. In addition, she served as adjunct faculty at Virginia Commonwealth University. While supporting her daughter through recovery, Beth Ayn discovered a new calling when she met an unmet need in her community – and that is helping individuals, families and professionals connect with supports and resources by way of eating disorders.

With a vision to provide services across the Commonwealth of Virginia, Beth Ayn created the nonprofit Stay Strong Virginia. In addition, she serves as the Educational Chair for the Richmond iaedp Chapter. At a national level, Beth Ayn holds the title National Family Advocate for the Eating Recovery Center. As the ERC National Family Advocate, Beth Ayn facilitates the ERC's virtual online caregiver support groups, coordinates and offers educational presentations to school professionals across the U.S. and serves as an ERC alumni ambassador.

Eight years ago, when her daughter was first diagnosed with an eating disorder, Beth Ayn was new to the world of eating disorders and was grateful that a treatment provider pointed her in the direction of the National Eating Disorders Association. It was Beth Ayn's first stop for support. Since that time, She has continued to lean on NEDA for resources and to refer other families to their offerings. Beth Ayn is also indebted to the Eating Recovery Center who not only provided quality care to her daughter but provided ongoing support after discharge through their alumni programming for individuals and their families.



Kristen Davis

Kristen is a realtor in her hometown of Rutherford, NJ. She's also a part time clerical in the high school's library. She's known at RHS as an advocate for eating disorder prevention, and has been facilitating the Body Project there since 2018. She's also the impetus behind the school recognizing National Eating Disorders Awareness Week She credits her friends at RHS as her biggest supporters in her fundraising for the NEDA walk and this year earned entry into the Warriors Club.

Besides participating in and fundraising yearly for the NYC NEDA walk, Kristen has volunteered on the NEDA Helpline and as a Social Support Mentor for Project Heal.

Being asked to serve on this panel aligns with Kristen's drive to help others navigate this illness. She is absolutely grateful to NEDA for recognizing her advocacy and dedication, and for their tremendous work in supporting families and individuals with eating disorders.



Eric Dorsa

Eric is an LGBTQ advocate, actor, comedian, and drag queen currently living in Chicago, Illinois. As an advocate for the LGBTQ community, Eric travels around the country sharing his experiences of Eating Disorder Recovery, coming out as a gay person, and his recovery from substance abuse with college campuses and patients in treatment. Eric has been featured on Texas Public Radio "Worth Repeating", Mental Note Podcast "Drag Queen Wisdom", Huffington Post Queer Voices, and has given an award winning 2014 TEDx Talk entitled "How Dressing in Drag Made Me Uncover My Authentic Self." Eric hopes that sharing his story will inspire others to know that they are not alone, to seek connection and treatment, and that full recovery is possible.



Scott Templeman

Scott is a digital marketing expert who lives in the suburbs of Washington DC. He recently finished his MBA and is now teaching part-time in addition to his corporate job. As of February, he and his wife Shalini are the proud parents of a baby boy who has been making 2020 a very happy year despite the odds.