nationaleatingdisorders.org





National Eating Disorders Association

NEED SUPPORT? WE'RE HERE FOR YOU.



For 24/7 crisis support text: **NEDA** to **741-741**

Find resources and treatment options at: myneda.org/find-treatment



Take a confidential screening at: myneda.org/screening



National Eating Disorders Helpline: myneda.org/helpline-chat