

*The Body Project*  
Facilitator Training Schedule (A&B)  
*Small Group: Up to 7 trainees*

**2:50 – 3:00** Feedback

**9:00 – 9:30** Welcome, Orientation and Introductions

**3:00 – 3:20** BREAK

**9:30 – 9:40** Walk through manual & write initials in manuals

**3:20 – 3:40** Team B Session 4

**9:40 – 10:10** Team A runs abbreviated version of Session 1

**3:40 – 3:50** Feedback

\*\*\* If you are not leading or training to train put your manuals away \*\*\*

**3:50 – 4:10** Team A Session 4

**4:10 – 4:20** Feedback

**10:10 – 10:25** Feedback

**4:20 – 5:00** General Implementation Questions

**10:25 – 10:45** BREAK

**10:45 – 11:15** Team B Session 1

**11:15– 11:30** Feedback

**11:30 – 12:00** Team B Session 2

**12:00 – 12:15** Feedback

**12:15 – 12:45** Team A Session 2

**12:45 – 1:00** Feedback

**1:00 – 2:00** LUNCH AND BREAK

**2:00 – 2:20** Team A Session 3

**2:20 – 2:30** Feedback

**2:30 – 2:50** Team B Session 3