NEDAWARENESS WEEK 2017: **EXECUTIVE SUMMARY**



SOCIAL MEDIA HIGHLIGHTS

TOTAL SOCIAL MEDIA REACH: 538 MILLION (180% INCREASE)

#NEDAWARENESS

• Twitter: 47M Reached

Instagram: 235M Reached

• Facebook: 2.6M Reached

#RECOVERYHEROES

• Twitter: 32M Reached

· Instagram: 222M Reached



Top Contributors: Instagram, Iskra, Aerie, Kesha, Seventeen, NIMH, Trevor Project, USA Today, Pinterest, Paula Abdul, Dr. Phil, Runners World, Mayo Clinic, Women's Health, BodyPosiPanda

MEDIA HIGHLIGHTS

530 MILLION+ TOTAL MEDIA IMPRESSIONS, INCLUDING:

- **People:** Kesha Encourages Other Eating Disorder Sufferers to Seek Help in New PSA: 'Recovery Is Possible'
- **Seventeen:** People Are Using Instagram to Thank Their #RecoveryHeroes for Helping Them Through Eating Disorders
- Billboard: Kesha Shares Personal Story For Eating Disorders Awareness Campaign
- *U.S. News & World Report:* Can Older People Have Eating Disorders?
- Teen Vogue: Online Test to Determine Eating Disorders

WEBSITE HIGHLIGHTS

49% INCREASE IN NEDA WEBSITE TRAFFIC & **151,570 UNIQUE USERS!**



COMMUNITY OUTREACH

82% INCREASE IN PARTNERS IN 2017!

PARTNERS & SUPPORTING ORGANIZATIONS

• 334 partners and supporting organizations

Noteworthy partners & supporting organizations include: Facebook, Instagram, Pinterest, Aerie, Teen Vogue, Runner's World, Seventeen, Trevor Project, Agency for Healthcare Research and Quality, Girl's Inc., Mental Health America

LANDMARK LIGHTINGS & BUILDING PARTNERS

- 73 landmark lightings in 34 states (compared to 45 in 25 states in 2016)
- An additional 35 buildings in 8 states ran captive slides





"SEEING THE BUILDINGS LIT FOR NEDAWARENESS WEEK WAS A BEAUTIFUL REMINDER TO ME THAT I'M NOT ALONE, THAT PEOPLE CARE, AND THAT HELP IS OUT THERE."

HELP-SEEKING BEHAVIOR

22% INCREASE IN HELPLINE TRAFFIC!

HELPLINE

- Over 800 total contacts: 228 Phone | 398 Chat |160 Facebook | 21 Email | 2 Other
- \bullet Crisis Text Line & Recovery Record partnered with NEDA as $3^{\rm rd}$ party sources of support

How much more or less do you feel you worry about your weight and body shape than other people your age? | I worry a lot less than other people | I worry a little less than other people | I worry a little less than other people | I worry a little more than other people | I worry a little more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot more than other people | I worry a lot m

EATING DISORDERS SCREENING TOOL

ONLINE SCREENING TOOL

- Nearly 36,000 people took the online eating disorder screening
- 95 % of those screened were shown to be either at risk for developing an eating disorder or currently struggling
- 40% reported struggling with self-harm at least "several days" in the past two weeks