



National Eating Disorders Association

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Why advocate with NEDA to combat eating disorders?

- ✓ **Because YOU can make a difference.**
- ✓ Because your representatives might not know about the injustices occurring within their borders. **It is up to all of us to teach them about the impact of eating disorders.**
- ✓ Because **you have the expertise and experience** about eating disorders that your elected officials lack.
- ✓ Because by working with NEDA **you have the support of a national association.** Legislators want to do the most good for the most number of people. If you represent an association, they are **much more likely to hear your case** than if you approach them solo.
- ✓ **Because no experience is needed. Lobbying is easy** when you have the tools. We can give you the tools.

Lobbying is...

- ◆ Educating your elected representative about your issue, then motivating them to help you achieve your goals. Most ideas for legislation come not from the government, but from citizens like you. Legislators respond to ideas, they usually do not initiate them.
- ◆ Teaching your representative about what is important to you and giving them the facts to urge others to support you and your cause.
- ◆ Easy. Let us show you how **you** can change the future of eating disorders!

Contact star@myneda.org to get active in fighting back against eating disorders.

