



“Everybody Knows Somebody”

Thanks to our NEDAwareness Week Partners more communities are learning about eating disorders than ever before!

Active Minds is a network of over 300 college student chapters working to encourage their peers to speak openly about mental health and seek help. Active Minds, Inc. and its chapters use a grassroots approach to changing the conversation about mental health by spreading mental health awareness, education, and advocacy. Learn more at www.activeminds.org

Alliance for Eating Disorders Awareness is a nonprofit that has worked tirelessly for the past 11 years to prevent eating disorders and promote a positive body image. Our organization offers educational presentations, free support groups, advocacy for mental health legislation, toll-free national phone help line, and referrals, training, support and mentoring services. www.allianceforeatingdisorders.com

Confidence Coalition: Created by Kappa Delta Sorority, the confidence coalition is a national movement that enables women and girls to stand up to peer pressure and media stereotypes, say no to risky behavior and abusive relationships and put an end to relational aggression such as bullying- both in the office and on the playground. www.confidencecoalition.org

Eating Disorder Hope™ offers information, eating disorder treatment options, recovery tools, and resources to those suffering from eating disorders, their treatment providers and loved ones. Eating Disorder Hope™ provides eating disorder treatment options, support groups, articles, recovery tools and more for individuals struggling with bulimia, anorexia and binge-eating disorders. www.eatingdisorderhope.com

Fearlessly Girl is an internationally recognized leadership & empowerment program dedicated to empowering a generation of young women to be bold, authentic leaders in their lives, schools and communities.

Feministing is an online community for feminists and their allies. The community aspect of Feministing – our community blog, campus blog, comment threads, and related social networking sites – exist to better connect feminists online and off, and to encourage activism. We hope that the Feministing community will provide a forum for a variety of feminist voices and organizations. <http://feministing.com/>

Gay-Straight Alliance Network is a youth leadership organization that connects school-based Gay-Straight Alliances (GSAs) to each other and community resources through peer support, leadership development, and training. GSA Network empowers youth fight homophobia and transphobia in schools by training youth activists and supporting GSAs in California and throughout the country. www.gsanetwork.org

Generation Mirror is committed to (1) revolutionizing the way young people perceive eating disorders in an effort to decrease the stigma and increase education of these disorders and (2) encouraging those dealing with eating disorders to accept their reflections and feel confident in recognizing and communicating their struggles and successes. <http://genmirror.org/>

Girl Zone is a hip and healthy website which provides girls with a chance to voice their opinions and connect with other girls. Girl Zone speaks to the “whole girl” with content about sports, fashion, careers, life issues, health, volunteering, the environment, relationships, and more. www.girlzone.com

Hardy Girls Healthy Women is a research-based non-profit organization, devoted to empowering girls with knowledge, critical thinking skills, and a platform to drive social change. Our vision is to ensure that all girls and women experience equality, independence, and safety in their everyday lives. www.hghw.org

International Health, Racquet & Sportsclub Association is the trade association serving the health and fitness club industry. IHRSA’s mission is to grow, protect and promote the health and fitness, and to provide its members with benefits that will help them be more successful.

Kappa Delta Sorority is a national organization for women with over 230,000 members, 213 chartered collegiate chapters and 519 chartered alumnae chapters nationwide. Kappa Delta is active in a number of philanthropic endeavors, including the prevention of child abuse and confidence-building programming with the Girl Scouts of the USA. Visit www.kappadelta.org

Maudsley Parents is a volunteer parent-run organization offering hope and help to families confronting eating disorders. We provide information on eating disorders and family-based treatment, family stories of recovery, supportive parent-to-parent advice, and treatment information for families who opt for family-based Maudsley treatment. www.maudsleyparents.org

MentorCONNECT is the first global non-profit eating disorders mentoring community. Members can match with a mentor for individual support, participate in group monitoring activities, join in weekly support group meetings, receive daily supportive emails, enjoy monthly teleconferences, create a personal recovery blog, and more. www.mentorconnect-ed.org

National Organization for Women (NOW) Foundation's groundbreaking Love Your Body campaign celebrates true beauty and is used around the country to fight back against unrealistic ideals. www.loveyourbodyday.nowfoundation.org

New Moon Girls is an ad-free global community for girls' creative self-expression. The highest quality girl-created content by and for ages 8 and up explores the world, develops empathy and confidence. Fully-moderated social network is the place for safe supportive online learning & fun. Parents' Choice and Golden Lamp winner. <http://www.newmoon.com/>

NORMAL In Schools: For six years, the NORMAL nonprofit has collaborated with NEDA to create award-winning arts-based programs to educate about eating disorders in middle-schools, high schools, colleges and in graduate schools. Please visit our website at: www.normalinschools.org

No Te Hagas Pequeña Campaign is the first healthy body/esteem campaign created by Latinas for Latinas in the U.S. It helps Latinas to love their bodies unconditionally so they can reclaim their health and power from a space of self-love. www.notehagaspequena.com

Operation Beautiful is a blog, OperationBeautiful.com, and a book, *Operation Beautiful: Transforming the Way You See Yourself One Post-It Note at a Time*. The concept involves posting anonymous positive messages in public places for strangers to find. These messages encourage a healthy body image and outlook. The site has been featured on the TODAY Show and the Oprah Winfrey Network and was named by Yahoo! as one of the Ten Most Inspiring Stories of 2010. www.operationbeautiful.com

Orthodox Union serves as the central coordinating agency for American and Canadian Orthodox Jewish congregations. We provide many educational, outreach, and social service programs and have outstanding accomplishments in the areas of youth services, kashrut, publications, public affairs, synagogue services, and communal services. www.ou.org

Project HEAL has two goals in mind. First, we hope to raise money for people suffering from eating disorders who want to recover, but are not able to afford treatment. Additionally, and equally important, we want to diminish society's obsession with body image by encouraging girls (and all people!) to accept their bodies. www.theprojectheal.org

Soluv Magazine is a quarterly print and online magazine supporting the truth that all women are beautiful. By presenting quality ideas, articles, activities, and guidance, Soluv promotes self-love and a healthy balanced lifestyle as the key for honoring & enriching the mind, body, & soul. www.soluvmagazine.com

Teen Voices is an intensive journalism, mentoring, and leadership program for teen girls in Boston. We create an internationally distributed print and online magazine. Our goal is to encourage teen girls around the world to speak out on issues, create

positive and powerful media, and lead change in their communities.
<http://www.teenvoices.com/>

Thick Dumpling Skin is a vibrant community for Asian Americans to share and discuss our unhealthy quest, past and present, for the “perfect” body. Our struggles with food & body image are not merely about will power – they’re social, cultural, and familial. www.thickdumplingskin.com/

Women Make Movies is a multicultural, multiracial, non-profit media arts organization which facilitates the production, promotion, distribution, and exhibition of independent films by and about women. www.wmm.com