



Virtual Day Treatment & Intensive Outpatient Programming

The Renfrew Center is proud to offer Virtual Day Treatment and Virtual Intensive Outpatient programming. We recognize the significant impact that the ongoing pandemic and current cultural climate have had on those struggling with disordered eating as well as the need for virtual services. With this increased access to care, we are able to bring our specialized, evidence-based treatment into the safety and comfort of patients' homes.

Renfrew's virtual programming:

- Uses **HIPAA-compliant telehealth** software and technology to provide a high-quality therapeutic experience.
- Mirrors the in-person, **evidence-based programming** offered at all Renfrew locations.
- Allows **patient/family therapeutic work** to seamlessly continue through Multi Family Groups and Family Support.
- Follows The Renfrew Center Unified Treatment Model for Eating Disorders®, **designed to build emotional tolerance and resilience** in the face of distress and difficult experiences.
- Includes therapy groups, supported meals with clinicians, as well as **individual support services** (therapy, nutrition and psychiatric consultation).

Renfrew has been providing outpatient virtual therapy in each of the states we have locations in for several years, and our staff has been trained and continues to receive education in telehealth best practices. With this in mind, Renfrew is dedicated to providing the same exemplary treatment services we have been known for over the last 35 years.

Most of the major insurance companies are now covering telehealth. We will check each patient's benefits to determine whether there is coverage for virtual programming.

"I am grateful for Renfrew's virtual programming. Virtual programming is helpful because it provides structure to my days. I feel supported around meals, as we follow our usual menus, make our own selections, and eat with our peers and supportive staff. All online groups have been consistent with how they were when we were together at the center. I am someone who really values and appreciates personal attention from my team, and I feel I still absolutely get that in the virtual format." -**Current Patient of The Renfrew Center's Virtual Day Treatment Program**



For more information or to schedule an assessment,
please call **1-800-RENFREW (736-3739)**
or visit www.renfrewcenter.com.

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