

At Rosewood, adults and adolescents of all genders receive treatment at one of our Joint-Commission accredited inpatient or residential programs, or day treatment programs, for anorexia nervosa, bulimia nervosa, binge-eating disorder, orthorexia nervosa, ARFID, OSFED, diabulimia or other disordered eating presentations. Through highly individualized care, patients work towards restoration of physiological and nutritional balance, implementation of healthy eating and exercise, elimination of destructive behaviors, and motivation and treatment engagement. We help each patient achieve a clear understanding of their eating disorder and its effect on their life, as well as an understanding of what is necessary for their recovery.

- Pioneers in Eating Disorder Treatment: For almost two decades, Rosewood has offered a complete range of care for all stages of eating disorder recovery for men, women, and adolescents.
- Full Continuum of Care: Rosewood offers a full continuum of care within an integrative treatment model. We are the only residential eating disorder program in the country to offer medical detox and acute care services within a seamless continuum of care.
- **Multidisciplinary, Evidence-Based and Experiential Therapy:** Following best practices, we integrate evidence-based therapy into interventions. Experiential activities may include an onsite equine, tai chi, yoga, meditation, low ropes course, journaling, art, and music therapy.
- Individualized Treatment Program: We create a unique program for each patient with their own medical, emotional, and psychological history. We include patients in their own treatment decisions.
- Treatment for Co-Occurring Disorders: At Rosewood, we address any underlying issues that contribute to the primary diagnosis. By identifying and addressing all disorders affecting the patient, we provide a better opportunity for a full and lasting recovery.
- Focus on Healing the Family System: At Rosewood, we understand that family involvement is crucial to the healing and recovery process. Families are introduced to the tools they need to support their loved ones in living healthy, productive lives.
- Strong Aftercare and Relapse Prevention: Relapse prevention at Rosewood starts when the patient first begins treatment and it continues long after they resume their lives. During treatment, patients participate in weekly sessions to strengthen the coping skills they'll need after discharge.

CENTERS FOR EATING DISORDERS A Monte Nido Affiliate

ROSEWO



Monte Nido Treating Eating Disorders

Rosewood

www.rosewoodranch.com 800.845.2211

Rosewood provides the highest level of quality care to individuals of all genders with anorexia, bulimia, binge eating and other related issues.

ARIZONA

Inpatient, Residential and Day Treatment by Rosewood: Wickenburg Day Treatment: Tempe

OTHER PROGRAMS IN THE MONTE NIDO & AFFILIATES FAMILY

Monte Nido

www.montenido.com 888.228.1253

Eating disorder treatment for all genders in a serene, natural environment, where clinicians, many recovered themselves, combine clinical wisdom, outcome-backed treatment, evidence-based protocols and mindfulness practices for mind, body, and soul.

CALIFORNIA Residential: Agoura Hills | Malibu | San Francisco Day treatment: Brentwood | Newport Beach

GEORGIA Residential: Atlanta

ILLINOIS Residential: Village of Winfield

MARYLAND Residential: Glenwood MASSACHUSETTS Residential: Medford Day treatment: Boston

NEW YORK Residential: Irvington | Glen Cove Day treatment: Manhattan | White Plains

OREGON Residential: Eugene | Portland Day treatment: Eugene | Portland

PENNSYLVANIA Day treatment: Philadelphia



Clementine

www.clementineprograms.com 855.900.2221

We help adolescents replace the eating disorder with healthy skills and a deep understanding of how to live a life that reflects their individuality. All residential:

CALIFORNIA: Agoura Hills
FLORIDA: South Miami
GEORGIA: Atlanta
ILLINOIS: Naperville

NEW YORK: Briarcliff Manor OREGON: Portland TEXAS: The Woodlands VIRGINIA: Clifton



Oliver-Pyatt Centers

www.oliverpyattcenters.com 866.511.4325

We strive to genuinely connect with each individual, address the core issues driving the eating disorder, and provide the tools needed to live a meaningful life.

FLORIDA Residential and day treatment: South Miami

Monte Nido & Affiliates Treating Eating Disorders

Monte Nido & Affiliates

Administrative Offices www.montenidoaffiliates.com 305.663.1876

We save lives while providing the opportunity for people to realize their healthy selves. Monte Nido & Affiliates is headquartered in South Florida.