

Nourishing Success

Through evidence-based treatment and quality care, we are creating lasting change.

EDCare is a safe and compassionate program dedicated to engaging, lasting eating disorder recovery. With a commitment to evidence-based care, our multidisciplinary team incorporates industry-standard therapies into each individualized treatment plan.

Levels of Care:

- Partial Hospitalization Program (PHP) Denver, Kansas City
- Transitional Intensive Outpatient Program-Day (TIOP) Denver, Kansas City
- Evening Intensive Outpatient Program (EIOP) Denver, Colorado Springs, Kansas City, Omaha
- Adolescent Intensive Outpatient Program (AIOP) Colorado Springs

Our Program Includes:

- CBT-E
- Experiential therapy
- DBT

- Experiential therapy
- ACT
- Exposure/meal therapy
- Art therapy
- Process group therapy

And much more!

Specialty Programs:

- Binge Eating Disorder (BED)
- Substance Use Disorder (SUD)
- Athlete
- Trauma

To learn more please visit our website at www.eatingdisorder.care

Treatment Philosophy:

CAMSA[®], our empowerment-based treatment philosophy focuses on building real-life skills necessary for lasting recovery.

Why Choose EDCare?

- Most insurances accepted
- Gender inclusive
- Housing available in Denver and Kansas City
- Compassionate, professional care

Denver (303) 771-0861

Colorado Springs (719) 578-5132

> Kansas City (913) 945-1277

Omaha (402) 408-0294