



IMPORTANT EVENT DAY INFORMATION PLEASE READ!

Sunday | October 4, 2015
Foley Square NYC
RAIN OR SHINE

Thank you for joining us for the 6th Annual NYC NEDA Walk! Please read this notice completely, as it contains important information about your participation in the event. We promise to make your experience safe, fun and rewarding, and we are grateful for the commitment you have shown - in your fundraising, support, service and in spreading awareness of eating disorders.

9:00am | Participant Check-In Begins | NEDA Expo Opens

Foley Square is located between Lafayette, Duane, Centre and Worth Streets in downtown NYC, across from the Court Building, and features a large sculpture fountain as its showpiece. **Please proceed to the check-in tables upon arrival for your wristband and tee shirt voucher.** Please allow ample time for Check-In, especially if you have cash or check pledges to drop off. Snacks will be provided, and restroom facilities will be available in Foley Square.

Mass transit and/or carpooling is strongly suggested. On-street parking is very rare in this area of Manhattan. Mass transit is encouraged, and the Subways 4,5,6 and J,Z stop right at Chambers Street side of the City Hall/Brooklyn Bridge stop. Convenient parking garages are also nearby (Central parking - 101/117 Worth Street or Icon Parking - 95 Worth Street), or you can use an app like ParkWhiz to find convenient and affordable garage options.

10:00am | Opening Ceremonies | Walk Begins

Our Opening Remarks will be inspiring and energizing! The Walk follows, over the Brooklyn Bridge. Round trip for the full walk is approximately 3 miles however participants are free to walk the distance they are comfortable with.

A note about walking over the Brooklyn Bridge:

The Bridge has a two-way traffic pedestrian path. We expect more than 1,000 walkers and we ask your cooperation in walking single file whenever possible, abiding by the public pedestrian path rules. Please stay out of the bike path for your own safety.

We understand the walk will be "tight" but feel the visibility of walking over the Bridge is beneficial to increase the public awareness of NEDA's mission, and we thank you for being a part of our success!

FEATURED AT THE EXPO!

GARDEN OF HOPE

Decorate a "Flower" in honor or support of a loved one for only \$5

PRIZE RAFFLE 10 for \$10 | PHOTO LOUNGE

MUSIC & ENTERTAINMENT

EDUCATIONAL RESOURCES & SUPPORT

NEDA MERCHANDISE | VENDORS & MORE

Meet & Greet | 9:30am | Iskra Lawrence

PLEDGE INFORMATION

Your last minute Pledges can be brought to the event, and dropped off at the Pledge Area during Participant Check-In.

The NEDA Walk **depends** on additional donations raised by Participants. Thank you for your efforts in making our event a success.

Donate online at
www.nycnedawalk.org

Questions ON Event Day?
Please call The Event Hotline
at (973) 897-1261