The Honorable \*\*\* United States House of Representatives \*\*\* Office Building Washington, D.C. 20510

Dear Congress(wo)man \*\*\* and staff,

Thank you so very much for making time to meet with myself and the group of advocates representing the National Eating Disorders Association (NEDA) on Thursday, October 10<sup>th</sup>. We appreciate your willingness to hear our stories and personal experiences with these deadly illnesses.

As we discussed, eating disorders have the highest mortality rate of any mental illness, and in the United States, 20 million women and 10 million men suffer from a clinically significant eating disorder at some time in their life. Despite their prevalence, research into eating disorders continues to be underfunded, insurance coverage for treatment is inadequate, and societal pressures to be thin remain rampant. However, NEDA is working with members of Congress in the fight to make eating disorders a thing of the past. We ask that you join us in support of our cause by agreeing to sign on to one or more of the following initiatives:

- Please join the National Eating Disorders Awareness Caucus, co-chaired by Congresswoman Nita Lowey (D-NY) and Congresswoman Renee Ellmers (R-NC). The current pursuit of the Caucus is to request a study conducted by the Government Accountability Office on the prevalence, death rates and economic burden of eating disorders.
- 2) Please sign on as a co-sponsor of H.R. 2101, The Federal Response to Eliminate Eating Disorders Act of 2013.
- 3) Please sign on a co-sponsor of a House counterpart to S.562, The Mental Health Access Improvement Act of 2013. Congressman Chris Gibson (R-NY) has committed to introducing this bill in the coming weeks, and we will be in touch when a bill number has been assigned.

Thank you again for agreeing to meet with our group. We hope that we can count on your support of our mission and commitment to sign on to our congressional initiatives. Please do not hesitate to reach out if the National Eating Disorders Association can be of any help to you and your constituents by contacting Taryn O'Brien, STAR Program Manager at tobrien@nationaleatingdisorders.org.

Sincerely,