

# National Eating Disorders Association Materials Order Form

*If using a Purchase Order, please fax or mail a copy of your organization's PO to NEDA.*

Product Number	Category & Item Description	Price	Quantity	Total
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## BROCHURES

10-115-02	<b>What is an Eating Disorder? (Packet of 50)</b> Describes anorexia, bulimia and binge eating disorder, their causes and warning signs as well as information on treatment, prevention and the difference between eating disorders and disordered eating.	\$12.00		\$ -
10-117-02	<b>Dangers of Dieting (Do I... Am I) (Packet of 50)</b> Evaluates eating and exercise habits which can quickly spin out of control and become a life-threatening eating disorder.	\$12.00		\$ -
10-118-02	<b>How to Help a Friend with Eating &amp; Body Image Issues (Packet of 50)</b> Covers eating disorders and warning signs, gives suggestions for communicating with a friend that may have an eating disorder and provides prevention tips.	\$12.00		\$ -

## EDUCATIONAL MATERIALS / CURRICULA

12-110-99	<b>Comprehensive Eating Disorder Prevention &amp; Awareness Materials Packet</b> Collection of educational materials created for duplication and distribution including basic facts, causes, health consequences, treatment, statistics, prevention tips for parents, prevention and early intervention for males, how to help a friend, body image, tips for kids, 20 ways to love your body, understanding dieting risks, prevention guidelines, tips for becoming a critical viewer of the media, faculty and student guidelines for meeting with and referring students and much more!	\$10.00		\$ -
12-111-99	<b>Early Childhood Prevention Packet</b> Set of presentation guidelines for elementary school educators including background educational materials for presenters, prevention guidelines and strategies, presentation outline to expectant parents and families, early childhood body awareness exercise for pre-schoolers, sample letter to parents, prevention tips for parents, articles and suggested reading list.	\$5.00		\$ -
12-114-91	<b>5-Day Lesson Plan on Eating Disorders</b> (Grades 7-12) Covers weightism, body image, cultural basis for body dissatisfaction and drive for thinness, prejudice, dieting, the nature and facts about eating disorders, warning signs, prevention, how to help friends, and community resources.	\$65.00		\$ -
12-115-99	<b>GO GIRLS!™ Media Advocacy Curriculum</b> (Grades 9-12) Focuses on enhancing young women's self-esteem and functions as a training program to create and empower savvy media advocates. Helps girls to understand and impact current media messages related to body image and self-esteem.	\$65.00		\$ -
12-116-05	<b>Healthy Body Image (Second Edition): Teaching Kids to Eat and Love Their Bodies Too!</b> (Grades 4-6) Newly revised and bound in paperback book format with duplicate tear-out sheets for copying! In eleven carefully planned lessons, Healthy Body Image uses age-appropriate prevention principles to teach prepubescent children to develop an identity based on inner strengths rather than appearance, and resist unhealthy cultural pressures.	\$65.00		\$ -

12-117-99	<b>Just for Girls</b> (Grades 6-7) A preventive program guide for teachers to help girls safely navigate the rocky road through adolescence. This manual focuses on healthy eating, coping with stress, and the impact of self-image, gender, and culture on self-esteem.	\$35.00		\$ -
12-118-99	<b>Just for Boys</b> Just For Boys helps boys build resilience and teaches them skills so that they can deal with these stressors in a healthy way. It does this by helping boys develop a strong sense-of-self and learn emotional literacy, anger management and communication skills. It broadens the definition of what it means to be male and helps boys create a life of balance and interconnectedness that includes making a contribution to their families and to their communities. Just For Boys can be used with boys in different stages of adolescence.	\$35.00		\$ -
12-119-99	<b>NET - Nutrition Education &amp; Training</b> (Grades 4-5) Three lesson plans covering positive body image, growth, and nutrition with a leaflet for parents.	\$3.00		\$ -

### BOOKS & PAMPHLETS

12-122-02	<b>Body Thieves</b> Book for parents, educators and professionals on girls' development and stressors during adolescence. Covers obesity myths, barriers preventing girls from being physically active, and strategies for integrating physical activity into girls' lives.	\$20.00		\$ -
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### POSTERS

(see website for pictures)

13-174-08	Be Comfortable In Your Genes 2008 - LARGE	\$5.00		\$ -
13-173-08	Be Comfortable In Your Genes 2008 - SMALL	\$2.00		\$ -
13-002-07	How to Help a Friend (Faces) - LARGE	\$5.00		\$ -
13-004-07	How to Help a Friend (Lunch Tray) - LARGE	\$5.00		\$ -
13-112-04	Dangers of Dieting (Do I... Am I) - LARGE	\$5.00		\$ -

## PROMOTIONAL ITEMS

(see website for pictures)

<b>MAGNETS</b>				
22-170-06	Magnet - Be Comfortable In Your Genes (pocket shape)	\$0.75	\$	-
22-142-02	Message Magnet - I Am...More Than What I Weigh (5.5" x 6.75")	\$4.00	\$	-
<b>PENS</b>				
24-170-06	Pen - NEDA (blue w/ green)	\$0.50	\$	-
<b>PENCILS</b>				
28-170-06	Pencil - Be Comfortable In Your Genes (green w/ blue)	\$0.30	\$	-
<b>STICKERS</b>				
25-170-06	Cling Sticker - Be Comfortable In Your Genes (pocket shape)	\$0.50	\$	-
<b>MISCELLANEOUS</b>				
29-170-06	Be Comfortable In Your Genes Stadium Cup	\$2.00	\$	-
29-171-07	Be Kind to Your Body Water Bottle (green)	\$10.00	\$	-
27-160-04	Bookmark - Get Real (green glossy card stock)	\$0.50	\$	-
29-160-06	NEDA Bookmark - NEDA logo die-cut in thin stainless steel	\$5.00	\$	-
<b>T-SHIRTS</b>				
(See website for available sizes)				
26-180-08	Embrace Your Genes. (short-sleeve, ringer) Size: _____	\$15.00	\$	-
26-190-06	Be Comfortable In Your Genes (grey, long-sleeve) Size: _____	\$15.00	\$	-
26-160-04	Get Real (white, long-sleeve) Avail: S, M, L, XL Size: _____	\$15.00	\$	-
<b>JEWELRY</b>				
30-163-08	"Be Comfortable In Your Genes" Denim & Silver Bracelet	\$25.00	\$	-
30-170-05	NEDA Logo Silver Earrings	\$25.00	\$	-
30-160-04	NEDA Silver Charm Bracelet	\$70.00	\$	-
30-162-05	NEDA Jeans Charm, blue enamel on silver, 3/4" long	\$12.00	\$	-
30-120-03	NEDA Logo Silver Necklace 16"	\$45.00	\$	-
30-130-03	NEDA Logo Silver Necklace 18"	\$45.00	\$	-
30-140-03	NEDA Logo Silver Necklace 20"	\$45.00	\$	-
30-150-03	NEDA Logo Silver Lapel Pin	\$35.00	\$	-
30-152-03	NEDA Logo Color Lapel Pin	\$5.00	\$	-
30-121-04	NEDA Logo Gold Necklace 16"	\$65.00	\$	-
30-131-04	NEDA Logo Gold Necklace 18"	\$65.00	\$	-
30-141-04	NEDA Logo Gold Necklace 20"	\$65.00	\$	-

